



GLENBARD NORTH

Where Hard Work Matters

November 20, 2020

[Home Page](#) - [Athletics](#) - [School Counseling](#) - [Calendar](#)

Dr. John Mensik Principal



Dr. John Mensik
Principal

Dear Students and Parents:

We are approaching the end of a semester that has certainly been challenging in many ways. I remain impressed with the many students who have continued to persevere no matter the circumstances.

With 4 weeks remaining this semester, I want to encourage all students to *Finish Strong*. Many students are doing well during this unusual time. However, this is not a normal school year and we understand the challenges that students are facing from an academic and social emotional standpoint.

Every student can still pass this semester. Effort is required and adjustments are being made to provide students with opportunities to find success. All teachers are available to meet with students for support during

office hours, and there are various academic supports available to tutoring. Missing assignments in the gradebook can have a devastating impact on an overall grade. We will make adjustments to our "zero" grade process, and students with missing assignments are encouraged to reach out to teachers and learn more about what can be done to improve their grade.

We are also fortunate to have many community organizations available to support students from a social/emotional standpoint as well. . Below is a great place to start with additional services linked below it.

- [DuPage CRIS](#) - DuPage CRIS is a good place to start to find Social Services for residents of DuPage County. This clearing house offers information on COVID 19, Mental Health, Medical Health Supports and much more.
- **Helpline:** Glenbard North offers a bully prevention, student crisis or anonymous tip line at 630-681-3192.

Please see Mrs. Cartwright's article for more academic and emotional support information.

Sincerely,

John Mensik

Dr. John Mensik
Principal, Glenbard North High School

Debra Cartwright **Assistant Principal for Student Services**



Debra Cartwright
Assistant Principal for
Student Services

A Message from the Assistant Principal for Student Services

Parents:

During these difficult times, please know that we have a wide variety of local and community resources to support your child's academic and emotional needs.

Glenbard North Academic Tutoring Services

Office Hours

- Days and Times are established by Individual Instructions
- Provides students with the opportunity to ask the teacher for assistance in a smaller setting
- Some teachers have personally invited students to Office Hours
- Links to Office Hours should be available in Classroom Schoology Page

English Tutoring

- Offered by our Instructional Assistants in Special Education
- Each Day and Every Hour
- After Instruction on Monday/Tuesday/Thursday/Friday from 1:20-2:30pm
- Please contact your child's School Counselor for more information

Writing Support

- The Write Place is OPEN!
- Coordinated by Marissa Tallarico
- Monday/Tuesday/Thursday/Friday from 7:30am-12:25pm
- Contact Marissa_Tallarico@glenbard.org for more information

Math Tutoring

- Offered by our Instructional Assistants in Special Education
- Each Day and Every Hour
- After Instruction on Monday/Tuesday/Thursday/Friday from 1:20-2:30pm
- Please contact your child's School Counselor for more information

Science Tutoring

- Coordinated by Michelle Vlahovic and the NSHS
- Mon: @ 8:50-9:30am (2nd period)
- Tue: @ 8:50-9:30am (2nd period) AND at 1:30 pm
- Wed: @2:10pm
- Thur: @ 11:20-12pm (5th Period) AND at 1:30pm
- Fri: @ 11:20-12pm (5th Period)
- Contact Michelle_Vlahovic@glenbard.org for more information

EL Support

- Offered by our Instructional Assistants in EL
- Monday/Tuesday/Thursday/Friday from 1:25-2:25pm and 2:30-3:30pm
- Wednesday during periods 4,5,6,7
- Please contact your child's School Counselor for more information

STRIVE Tutoring

- Coordinated by Judy Mahoney
- Daily Monday-Friday from 2:30-3:30pm
- Saturday 10:00am-12:00pm
- Contact judiith_mahoney@glenbard.org for more information

Community Social and Emotional Services

DuPage CRIS

DuPage CRIS is a good place to start to find Social Services for residents of DuPage County. This clearinghouse offers information on COVID 19, Mental Health, Medical Health Supports, and much more.

360 Youth Services

Provides counseling and prevention services to elementary-aged children, teens, and young adults through age 25, and families

Amita Health Behavioral Health

Provides inpatient and outpatient mental health services for children, adolescents, and adults

Behavior Services Center

Provides anger management, domestic violence, parenting and DUI education classes, outpatient and intensive outpatient substance abuse treatment, outpatient counseling, medication management services, and

adolescent mental health and dual diagnoses outpatient and intensive outpatient treatment.

[Center for Creative Arts Therapy](#)

Provides individual, couples, and group counseling for all ages and on a wide variety of issues.

[Crisis Support - Dupage County](#)

Crisis Hotline available 24/7, 365 days per year. 630-627-1700

[Crisis Text Line](#)

Text HOME to 741741 to connect with a Crisis Counselor. Free 24/7 support.

[Healthcare Alternative Systems](#)

Provides mental health and substance use disorder counseling, support groups, and educational programs for men, women, and adolescents.

[Linden Oaks Behavior Health](#)

Provides inpatient and outpatient mental health services for children, adolescents, and adults.

[Hamdard Center](#)

Community health center that provides wrap-around services for a diverse community.

[Meier Clinics](#)

Christian counseling center providing comprehensive mental health services to adolescents.

[NAMI DuPage](#)

Provides support for individuals struggling with mental illness and their families through education programs and advocacy.

[Northwestern Medicine Behavioral Health](#)

Provides inpatient and outpatient mental health services for children, adolescents, and adults.

[YWCA](#)

A community center that provides a variety of services to our community

Please contact me directly if you have questions, I can be reached directly at 630- 681-3190 or via e-mail at debra_cartwright@glenbard.org.

John Healy
Assistant Principal for Instruction



John Healy
Assistant Principal for
Instruction

A Message from the Assistant Principal for Instruction

Final Exams

Due to our rapidly evolving circumstances during this pandemic, we have had to adjust instruction to better meet the needs of our students. Teachers across the district have been given the autonomy to make those instructional decisions, which may look different from course to course. This requires us to also be adaptive on how we assess student learning.

The end of the semester is usually reserved for Final Exam days and the schedule adjusted accordingly. However, the instructional adjustments teachers made this semester have resulted in the need to adapt these assessments as well. As a result, Glenbard District 87 will not have a traditional final exam schedule. Instead, we will follow the schedule below, and your student may encounter a variety of assessment experiences ranging from a final exam, a unit summative assessment or a culminating project. Teachers will communicate how first semester grades will be finalized.

We are very proud of our students and how they rose up to the learning challenges this semester. If you or your student have any questions, feel free to reach out to your student's teachers.

Week of December 14-18				
Monday 12/14	Tuesday 12/15	Wednesday 12/16	Thursday 12/17	Friday 12/18
Period 1: 7:30-8:40	Period 1: 7:30-8:40	Period 1 7:30-8:10 Period 2 8:20-9:00	Period 6: 7:30-8:40	Period 6: 7:30-8:40
Period 2: 8:45-9:55	Period 2: 8:45-9:55	Period 3 9:10-9:50 Period 4 10:00-10:40	Period 7: 8:45-9:55	Period 7: 8:45-9:55
Period 3: 10:00-11:10	Period 3: 10:00-11:10	Period 5 10:50-11:30 Period 6 11:40-12:20	Period 8: 10:00-11:10	Period 8: 10:00-11:10
Period 4: 11:15-12:25	Period 4: 11:15-12:25	Period 7 12:30-1:10 Period 8 1:20-2:00	Period 5: 11:15-12:25	Period 5: 11:15-12:25

Spring Assessments:

- **January - Access Testing - ELL Students - on iPad:** This test measures a student proficiency in reading, writing, listening and speaking. It is used to evaluate student progress, place students in classes, and to dismiss students from ELL Services.
- **March - Illinois Science Assessment - Junior Class - on iPad:** This assessment measures a student's knowledge of biology, chemistry and physics.
- **April 13 - SAT - Junior Class - paper based test :** This state sponsored exam is both a graduation requirement and a college admissions exam. Any senior who has not taken the school day SAT will take the exam on this date as well. Students do not need to register for this exam.
- **April 14 - PSAT 8/9 Frosh, PSAT 10 Sophs - paper based test :** These exams are used to gauge a student's growth towards proficiency on the SAT.
- **May 3-14: AP Testing:** During a two-week window we administer AP tests to enrolled students. College Board has assured us that these will be administered on Paper this year.

SAT Prep - Juniors - Sign Up Now! District 87 uses Academic Approach to provide free, high quality SAT Prep for juniors as they prepare for the SAT. Information and sign up instructions can be found here: [SAT Prep Sign Up](#)

New Courses to be Offered Next Year:

- **African American Experiences with Literature - Senior 1 Semester Elective:** This course is designed for anyone with a strong appetite for reading, a dedication to respectful discussion, and desire for personal growth around race and equity in our society.
- **Principles of Engineering - Project Lead the Way - Full Year Course:** This course is the 2nd course in a sequence of engineering courses offered via Project Lead the Way - a nationwide engineering curriculum.
- **Online Wellness - Jr/Sr - Semester/repeatable course:** This course allows students to create, monitor, and adapt fitness plans asynchronously. Students will be issued Polar Heart Rate Monitors

and will primarily engage with their teacher remotely.

- **Mathematics 1218 Dual Credit SR - full year:** This math course mimics the 1st year math course offered at College of DuPage and is designed for students pursuing non-Stem majors. A pre-requisite for this course is a **530** on the mathematics portion of the SAT. Students will earn 6 college credit hours that can be transferred to any university.
- **Spanish 2H/Italian 4:** These two courses have been added to our world language sequence of courses next year.

Matthew Bowser

Assistant Principal for Athletics



Matthew Bowser
Assistant Principal for
Athletics

A Message from the Assistant Principal for Athletics

We would like to congratulate all of our fall athletes on the completion of their season. Glenbard North had multiple athletes qualify for DKC All-Conference. Congratulations to Brooke Westra and Nicole McGuire in Girls Golf, Grace Schager in Girls Cross Country, Julliana Boyle and Ella Witteveen in Girls Swimming, and Sophie Raval and Sage Hills in Girls Tennis.

We would also like to congratulate our IHSA sectional qualifiers; Grace Schager in Girls Cross Country, Daniel Gallegos in Boys Cross Country, and Sage Hills in Girls Tennis. Grace Schager finished 27th in the sectional to qualify for the IHSA state finals. For Sage Hills this was her fourth year as a IHSA state qualifier.

On November 17th, we received information from Governor Pritzker and the Illinois State Board of Education regarding our winter sports season. According to this communication, all indoor sports are being put on hold as of Friday, November 20th. Our winter sports practices are now paused as well as all in-person athletic practices and activities until we receive further information.

The Tier 3 Resurgence Mitigations do address organized group recreational activities (sports, indoor sports and activity facilities, etc.), which include school-based activities. The mitigations pause all indoor group sporting and recreational activities, including youth and adult recreational sports, park districts, and travel leagues, and require the closure of locker rooms.

Glenbard North High School, our Athletic Department, and our Coaches are dedicated to doing everything we can to help our athletes have a safe and successful school year. We understand the importance of athletics and the impact it can have on our athletes.

We understand that this is a difficult time for our athletes. Many of them have worked so hard for this opportunity. If there is anything we can do please reach out to myself or any of our coaches if we can do anything to help.

As we continue to navigate COVID-19, and the continued changes to the IHSA sports calendar. We are committed to doing our best to keep you up to date on those changes. For all information on Glenbard North

Athletics please continue to visit our Athletic Homepage [here](#).

Any student interested in participating in sports will need to obtain Gold Card approval from the Athletic Office. Students will need an up-to-date physical on file or be able to upload on to obtain a card this year. The Gold Card process is now 100% digital and requests are processed every Monday - Friday during normal school hours. Gold Card approval emailed to your student's school email address. Students can request a card and upload their current sports physical [here](#).

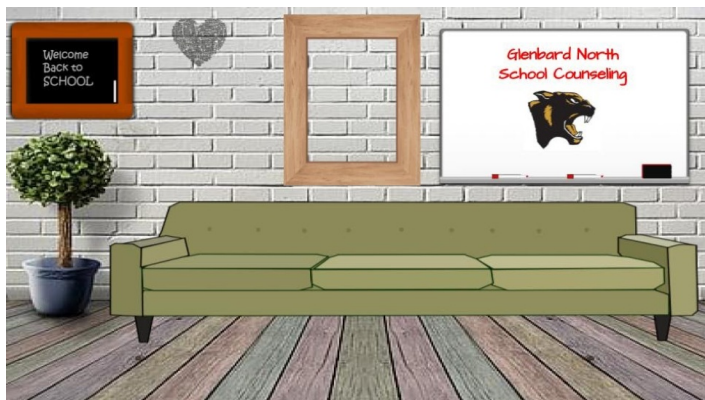
Any student who has already received a Gold Card for the winter season, but whose physical will expire within the next month will get a reminder email from Ms. Hengesh to their student email address. Sports Physicals can be emailed to sarah_hengesh@glenbard.org, or faxed to the athletic office at (630) 653-2804.

As always feel free to contact me at Matthew_Bowser@glenbard.org or at (630) 681 - 3189

School Counseling Department

Visit Our Virtual School Counseling Office

The purpose of having an online office is to meet the demands of our 24/7 society, to provide easy access to important information, and provide flexibility for students and families who cannot meet within the parameters of the brick and mortar school building. We have included easy access to communication methods with our counselors as well as provided several resources for each grade level. Check out the [Glenbard North Virtual School Counseling Office!](#)



Webinar- GBN School Counseling Department - Junior Family College Presentation

Your student's school counselor is your link to college planning. Our school counseling department has recorded the following webinar to guide you through this exciting journey. [Webinar Link - Junior College Night](#) **Access Passcode: dk7H#723**. While viewing the webinar - you can submit questions generated from the presentation and a school counselor will respond with an answer. [Webinar Survey/Questions](#)

Dr. David Lasron Superintendent



Dr. David Larson

A message from the Superintendent

Superintendent discusses quality, equitable instruction

I am confident in both our hybrid model and our fully remote learning models, which were designed to adapt to the circumstances of the incidence of COVID-19 in our community. When we need to shift from one model to the other, we will maintain the same schedule and quality instruction.

While our learning environment might change, we are focused on a quality learning experience for our students whether they are in person or learning remotely. Teachers are livestreaming their lessons and providing instruction and assistance five days a week.

School looks different these days, but some things remain the same - our exceptional faculty and staff's commitment to the success of each student and their genuine care and concern for every student. Whether we are in a fully remote or hybrid model, be assured our student-centered staff is connecting with students, offering support with academic and social-emotional matters alike.

During our hybrid model, our teachers developed instructional strategies that apply to the students in front of them in the classroom, as well as those learning remotely. They used practices that kept both the hybrid model and the fully remote model equitable.

Teachers continued to use Schoology to post and collect assignments. They used tools such as online whiteboards for instruction so all students could clearly see the materials.

Teachers are providing support for students both during class time and during teachers' office hours. Our teachers understand that students will have questions, and they are ready to help each student with the content, along with other issues students are facing. Under extraordinary circumstances, they show up every day focused on helping students prepare for the future they choose.

Carol Stream 2020 Christmas Sharing Program:

Carol Stream families,

In order to keep guests and volunteers safe, Carol Stream has made significant changes to the 2020 Christmas Sharing program:

- We will NOT be collecting food & toys at the schools. We collaborated with the CS Rotary Club, Northern IL Food Bank, & Toys for Tots in order to provide the food and gifts this year.
- The date is Wednesday, December 9th
- The location has changed to the Fountain View Recreation Center to provide a "curbside experience"

For more information [click here](#)





GLENBARD NORTH HELPLINE

P.R.O.W.L.

Here For You

**Call if you need help from our
counselors, social worker,
psychologist, nurses, deans and/or
help getting food.**

**☎ Please Reach Out; 630-681-3192
We Listen:**

**☎ In an emergency, 911
call 911**

#PleaseReachOutWeListen

Latex Allergies

Latex balloons or products containing latex pose a significant health threat to students with latex allergies. These products are **NOT ALLOWED** on campus at any time, including after school, evening or weekend events.

Panthers
Prepare for Success
Act with Integrity
Work Together
Show Respect



Glenbard North High School
glenbardnorthhs@glenbard.org
Phone 630-653-7000
Fax 630-653-7259