



GLENBARD NORTH

Where Hard Work Matters

October, 2019

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Important Dates

Board of Education Meeting

Tuesday, October 15th
6:15p.m. to 9:00p.m.
TCD Tour and Meeting

Monday, October 28th

7:00p.m. - 9:00p.m.
Glenbard South

Junior Parent College Night

Wednesday, October 9th
Little Theatre

FAFSA Workshop

Computer Labs

Theatre Booster Meeting

Monday, October 21st
Room 1414

Panther of the Quarter

Thursday, October 10th
Cafeteria

Parent Teacher Conferences

Wednesday, October 23 - 4:00p.m. - 8:00p.m.
Thursday, October 24th - 2:00p.m. - 6:00p.m.
Early Release 1:05p.m.

No School



Dr. John Mensik Principal



Dr. John Mensik
Principal

A Message from the Principal

Student Recognition

Last year, around 1.5 million students took the PSAT National Merit Scholarship Qualifying Test. Out of this 1.5 million, the top 50,000 students are recognized as "National Merit Commended" students, and the top 16,000 (top 1%) are recognized as National Merit Semifinalists. Glenbard North would like to recognize the following students for their academic success:

National Merit Semifinalist:

**John Caulan
Nicholas O'Brien
Jack Van Der Vliet**

National Merit Commended:

**Steven James
Thomas Kent
Amalia Kovich
Emily Sulocha**

As always, please do not hesitate to contact me at 630-681-3184, or e-mail at john_mensik@glenbard.org

**Debra Cartwright
Assistant Principal for Student Services**



Debra Cartwright
Assistant Principal for
Student Services

A Message from the Assistant Principal for Student Services

Student Attendance

On days when your student must be absent from school please do the following:

Call the Attendance Office 630-653-9092 prior to 10:00am each day of the student is absent. This number is accessible 24 hours a day, 7 days a week.

Remember that the Illinois School Code only permits a student to be absent from school due to illness, observance of religious holidays, death in the immediate family or family emergencies.

BeConnected@GBN

We encourage students to participate in worth-while student organizations and activities because our school considers such participation to be vital to our students' educational welfare. Students should gain skills by working effectively together in democratic groups. Research has repeatedly shown that students who actively engage in co-curricular activities generally do better in school. Student organizations and activities offer an opportunity for students to develop wholesome relationships with adults; and the teachers have an opportunity to gain valuable insights concerning the student which whom they work.

We have a wide range of student activities available for our students. There is really something for everyone and any interest. Please take a moment to review the list of available opportunities with your child and encourage them to pick an area of interest. It is not too late to join one of our many student organizations. If your child does not see something that fits their interest or skill set and they have an idea for a club, please encourage them to see me directly.

Please contact me directly if you have questions related to our new initiatives or student related issues. I can be reached directly at 630- 681-3190 or via e-mail at debra_cartwright@glenbard.org.

2019-2020

STUDENT ACTIVITIES

Debra Cartwright, Assistant Principal of Student Services

Amateur Musicians Club -----Mr. Grigoletto
Amnesty International-----Mr. McKeown
Anime Club-----Ms. Burns
Art Club-----Ms. Macatangay
Autos Club -----Mr. Hussain
Band Ensembles -----Ms. Whisnant
Bass Fishing -----Mr. Stark
Best Buddies-----Mr. Baloun
Black Student Association (BSA)-----Ms. Henry
Chess Team -----Mr. DeLap
Choir Ensembles -----Ms. Johnson
Civics Club-----Ms. Bray-Parker
Club Interact-----Ms. Collings
Colorguard/Winterguard-----Ms. Haring
Creative Writing -----Mr. Melton
Debate Club-----Ms. O'Donnell
French Club -----Ms. Fitzgerald
French Honor Society-----Ms. Fitzgerald
Future Doctors of America-----Ms. Diamantos
Future Teachers of America -----Mr. Schuldt
Green Panthers -----Ms. Rossetti
Indian Student Association -----Mr. Erday
Italian Honors Society -----Ms. Feierberg
Junior Class -----Ms. Munro
Key Club -----Ms. Nageeb
Latin Dance Club-----Mr. Treu & Ms. Guerrero
Link Crew-----Ms. Kennedy & Ms. Shannon
Literary Magazine -----Ms. Slattery
Math Team-----Ms. Jungmann & Mr. Pavlakis
Model United Nations -----Ms. Myers
Movie Club-----Mr. Carey
Mu Alpha Theta-----Ms. Schultz
Muslim Student Association (MSA) -----Ms. Mahmudi
National Art Honor Society -----TBD
National English Honor Society -----Ms. Payton
National Honor Society-----Mr. Sundquist
National Technical Honor Society -----Mr. O'Brien
Newspaper (The Current)-----Ms. Buck-Castaneda

Organization of Latino American Students /
O.L.A.S-----TBD
Pride Leadership Academy -----Ms. Walton
Prism-----Ms. Donovan
Prom -----Ms. Burns
SADD/Students for Students-----Ms. Franz
Scholastic Bowl -----Mr. Kulesza
Science Honors Society-----Ms. Vlahovic
Science Olympiad -----Mr. Heise
Senior Class-----Ms. Munro
Slam Poetry-----Mr. Melton
Spanish Club-----Ms. Carrasco
Spanish Honor Society -----Ms. Perez
Special Olympics Basketball-----Ms. Brogan
Special Olympics Cheerleading -----Ms. Bulawa
Speech Team -----Ms. Nielsen
STEM Club -----Mr. O'Brien
Student Council /
(Panther Leadership Team) -----Mr. Guglielmi
Superfans (Pep Club) -----Ms. Munro
Technology Club-----Mr. Gajewski
Theatre/Drama -----Mr. King
Tri-M Music Honor Society -----Ms. Whisnant
Unity Dance Club-----Ms. Benigno
The Well-----Mr. Wit
Woodworking Club-----Mr. O'Brien
Women's Empowerment Club-----Ms. Hancock
X-Training/Boxing -----Ms. O'Malley
Yearbook-----Ms. Alvarez

Eric Johansen
Assistant Principal for Operations



Eric Johansen Assistant
Principal for Operations

A Message from the Assistant Principal for Operations

School Safety Drills:

There is nothing more important to us at Glenbard North than your child's safety each day. We complete all required drills annually to ensure that students understand their role in the event of an emergency. This year we have already completed two fire drills, a lockdown drill, and viewed our annual safety video. As you know, we also completed an off-site evacuation drill in September to Fountain View Recreation Center. We evacuated the school as part of a fire drill, and then moved off-site to Fountain View, took attendance accounting for all students, and then returned to North. Although this is a large undertaking, it is very important that our students are familiar with procedures such as an off-site evacuation. Our students and staff were outstanding during the drill and we are very grateful to the Carol Stream Police Department, the Fountain View Recreation Center staff, the Carol Stream Fire Department, and the staff at Heritage Presbyterian Church for their assistance.

As always, please do not hesitate to contact me at 630-681-3201 or eric_johansen@glenbard.org

John Healy Assistant Principal for Instruction



John Healy
Assistant Principal for
Instruction

A Message from the Assistant Principal for Instruction

Parent/Teacher Conferences

Parent teacher conferences are:

- Wednesday, October 23 from 4:00-8:00 pm
- Thursday, October 24 from 2:00-6:00 pm
- Friday, October 25 - No School

Please refer to this link to set up your conferences: [Power PTC Parent Directions](#)

Advanced Placement Exams - AP Parents - Please Read!

Over the next 2 weeks we would like students to register and order their AP Tests. This is an easy two-step process.

- **Step #1 Order the Exam:** Students access their AP Account and Order their test. We are targeting the week of October 7-11 to do this in all AP Classes
- **Step #2 Pay for the Exam:** Students with their parents access our Total Registration site linked here: [North Total Registration - AP Tests](#)

Please refer to the link to access information distributed at open house this year.

[Important Information for AP Parents - Open House](#)

Orders submitted after November 14, or Cancelled test orders incur a \$45 fee from College Board

Manufacturing Careers Night - October 29: The Village of Carol Stream has over 100 manufacturing companies within its borders. On October 29th we will be hosting a special Manufacturing Careers night, starting at 6:30 in the library. The following local companies will be in attendance and will share information about potential careers in their industries:

- **Prince Castle:** Food testing services
- **Prince Industries:** Precision machining
- **Trans Tech:** Manufacturers of pad printing, product decorating, equipment & supplies
- **Royal Die and Stamping:** Tool and Die, Thermoforming, Blow Molding, and Automation
- **AJ Atunes & Company:** Manufacturer of equipment for the food service industry.

College of Dupage Engineering Open House - October 25: The College of Dupage is hosting an Engineering Open House! [Click here to learn more and to RSVP.](#) [College of Dupage Open House](#)

Picture of the Month:

2019 Graduate Demi Dumovich - Pre-Law - University of Denver



As always, please do not hesitate to contact me at 630-681-3110 or john_healy@glenbard.org

Matthew Bowser Assistant Principal for Athletics



Matthew Bowser
Assistant Principal for
Athletics

A Message from the Assistant Principal for Athletics

The winter athletic season is just around the corner. We encourage any student interested to stop by the Athletic Office and pick up a Gold Card. Cards will be available before and after school, along with during all lunch hours starting Wednesday October 16th.

Every student must have a Gold Card in order to participate in any athletic activity, along with an up to date athletic physical on file in the Athletic Office. Registration instructions and physical forms can be found here: <http://il.8to18.com/glenbardnorth/link>

The winter is also a great time to volunteer to help our Athletic Boosters in the concession stand. We are proud to be able to host many IHSA events, but need your help as a volunteer to support our boosters. Please sign up at <http://www.gbnboosters.com>.

See you soon!

Sport	Start Date	Head Coach	Contact Email
Competitive Cheer	October 28	Erin Dugan	Erin_Dugan@glenbard.org

Competitive Dance	October 28	Gina Underwood	Gina_Underwood@glenbard.org
Girls' Basketball	November 4	Steve Wit	Stephen_Wit@glenbard.org
Boys' Basketball	November 11	Joe Larson	Joseph_Larson@glenbard.org
Girls' Gymnastics	November 11	Dennis Wellman	Dennis_Wellman@glenbard.org
Wrestling	November 11	Mark Hahn	Mark_Hahn@glenbard.org
Boys' Swimming	November 25	Luke Witteveen	Luke_Witteveen@glenbard.org
Bowling	October 28	Nicholas Szarzak	Nicholas_szarzak@glenbard.org

Thanks again for the positive support each of you give to our programs.

As always, please do not hesitate to contact me at 630-681-3189 or matthew_bowser@glenbard.org



Dr. David Larson Superintendent



Dr. David Larson
Superintendent

A message from the Superintendent

Communicates: a key competency of Profile of a Graduate

Recently, we launched our Profile of a Graduate - a multi-faceted transformative movement that underscores six competencies that we want every graduate to embody. Our Profile of a Graduate includes the following competencies:

A Glenbard Graduate:

- Collaborates
- Communicates
- Thinks Critically
- Embraces Diversity
- Creates
- Is Self-Empowered

Each of the six competencies is accompanied by descriptions of that particular attribute. The descriptions were developed by department chairs from each of our schools, along with school and district administrators. We worked through several iterations and used resources from EdLeader21, a national network of educators implementing competencies into their systems.

Let's look at the descriptions that accompany communicates:

- Demonstrates and works to develop an understanding of audience and self
- Adapts message, style and tone to the chosen medium, audience, and purpose
- Utilizes clear, concise, and effective oral and written communication
- Listens actively and responds with empathy and respect
- Initiates and sustains meaningful conversation in a variety of settings

Here are a few examples of what communication looks like in the classroom:

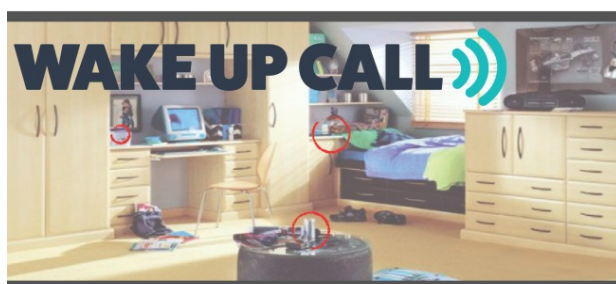
- High-level questioning and discussion
- Debate activity
- Interviews & introductions
- Presentations
- Research projects
- Video production, blogs and podcasts
- Literature reviews

Good communication skills are essential in all areas of life - personal and professional. Communication is more than speaking and writing; active listening, interpreting visuals and understanding nonverbal cues also are key communication skills.

You likely hear educators say we are preparing students for jobs that don't exist yet. No matter what our students do after high school, we are equipping them with the communication skills they need to be successful.

As we move forward with our Profile of a Graduate, we are defining a greater purpose in curriculum and assessment outcomes and refining competency descriptors by subject area.

Our Profile of a Graduate is our roadmap, and it will prepare students for college, careers and life. Learn more about our Profile of a Graduate at <https://www.glenbard87.org/profile-of-a-graduate/>



Teen bedrooms can hide signs of drug & alcohol use.
Learn common drug trends and what to look for.

**Thursday,
October 17, 2019**

Glenbard North High School
990 Kuhn Road
Carol Stream, IL 60188

6-6:30 PM Resource Fair
6:30-8:00 PM Wake Up Call
Presentation

This presentation is for adults
only (21 years of age and over)

Your Choice to Live, Inc. offers Wake Up Call, a life-size presentation of a teen's bedroom with more than 20+ "red flags" that can signal drug or alcohol use. The goal of this presentation is to educate parents, teachers, community members and other adults who are influential in the lives of youth so they know what seemingly innocent items can actually be an indication of substance abuse.



Glenbard North High School



Register for this FREE community event at:

<https://wucglenbardnorth.eventbrite.com>

Questions? Contact Ryan Hall at ryan_hall@glenbard.org
or a Your Choice Team Member at (262) 354-8344

Wake Up Call Special Presentation

Parents, grandparents and staff are invited to attend an eye-opening presentation taking place on **Thursday, October 17th from 6:30-8:00 PM at Glenbard North High School**. A resource fair will take place prior to the event from 6:00-6:30 PM.

ABOUT THE PRESENTATION:

[Your Choice to Live, Inc.](#) will be presenting [Wake Up Call](#), a substance abuse educational program. The program begins with information about current drug trends such as vaping, marijuana, alcohol and prescription pills. Next, attendees are walked through a life-size teen bedroom with more than 20 "red flags" that can signal drug or alcohol use. The bedroom identifies spots where drugs can be hidden, household items that can be used as drug paraphernalia and ways teens try to cover up drug and alcohol use. Lastly, attendees will learn practical prevention strategies to prevent substance abuse and where to go for help if they are concerned. Attendees will also receive a [Wake Up Call Handbook](#), a 30+ page comprehensive resource guide with current drugs trends, signs of abuse, hiding places and relevant paraphernalia, parenting tips and resources all in one place.

Our goal is to educate parents, teachers, community members and other adults who are influential in the lives of youth so they know what seemingly innocent items can be an indication of substance abuse.

***This event is for adults only (21 years of age and older).**

***A resource fair with local support services will take place prior to the event from 6:00-6:30 PM.**

Register for this free event at <https://wucglenbardnorth.eventbrite.com>.

For questions about this event, please contact Ryan Hall at ryan_hall@glenbard.org or a Your Choice team member at yourchoice.live@yahoo.com.

ABOUT THE PRESENTERS:

[Sandi Lybert](#), Founder Your Choice to Live, Inc - Sandi's personal experience with her son, Tyler's addiction and her passion for helping others led her to leave her career in banking to start Your Choice to Live, Inc. In 2017, Sandi was named the Waukesha County Champion of the Year for her efforts to promote and improve the quality of life in Waukesha County.

[Ashleigh Nowakowski](#), Executive Director, Your Choice to Live, Inc. - Ashleigh Nowakowski has been working in the substance abuse prevention field since 2009. Her work includes speaking in middle and high schools, teaching in health classes, and working with high risk youth in the Detour program. Ashleigh also has experience working with youth who are concerned about a loved one's substance use. Ashleigh has her Master's degree in Public Administration.

WHY ATTEND THIS PRESENTATION:

Schools across the Midwest report that vaping and marijuana devices are the two most common contraband items students are getting caught with in school.

Across the United States, e-cigarette use, also known as vaping, is reaching epidemic proportions among teenagers. According to the [American Lung Association](#), more than 3.6 million U.S. middle and high school students have reported using e-cigarettes in the past 30 days.

There are many health concerns with e-cigarette use. Although some don't contain nicotine, e-cigarette juices use liquid nicotine extracted from tobacco and can contain as much nicotine as an entire pack of cigarettes. There are also concerns about increased exposure to toxins, including heavy metals, chemical compounds, and other fine particles that may get absorbed into the lung.

Additionally, e-cigarettes can be used as a delivery system for other drugs.

According to the [Surgeon General's health advisory](#), about one third of middle and high school students who used e-cigarettes used them as a delivery device for marijuana. A study released in [September 2018](#), reported two million middle and high school students vaping marijuana; equivalent to 1 out of 11 students. Health officials are concerned about this growing trend "because cannabis use among youth can adversely affect learning and memory and may impair later academic achievement and education."

With the development of technology, kids have more access to information than ever before. If a person wants to get "high", all they have to do is search the internet. Drug deals are continuously conducted on social media apps such as snapchat. As parents, it's hard to keep up with all the latest trends. This presentation will address these issues as well as give practical advice on how to prevent use and keep children substance free. Research shows that teens who consistently learn about the risks of drug use from their parents are up to 50% less likely to use substances.





From the Nurse

DuPage County Vision and Hearing technicians will be at Glenbard North on 10/10/19 for initial vision and hearing screening. Students to be screened include new students to our district (transfers) special education students and students who are recommended by a parent or teachers. All students who fail the initial screening will be re-screened on 10/31/19. Please contact the nurses office at 630-6813322 or 630-681-3312 if you have any questions or requests.



GLENNBARD NORTH HIGH SCHOOL

IS LOOKING FOR AVID TUTORS!



**TUESDAYS AND THURSDAYS FROM
7:15-2:30 PM
\$15 PER HOUR**

If interested in learning more please contact
kelly_mitchell@glenbard.org
(630) 681-3166

P.R.O.W.L. Hotline

630-681-3192

Please Reach Out We Listen

Students are encouraged to "speak up" and tell an adult in the school when they feel uncomfortable or witness inappropriate behaviors such as bullying. If a situation is reported, the administration will investigate the claim, assess its validity and handle it accordingly.

Latex Allergies

Latex balloons or products containing latex pose a significant health threat to students with latex allergies. These products are NOT ALLOWED on campus at any time, including after school, evening or weekend events.

Panthers
Prepare for Success
Act with Integrity
Work Together
Show Respect



Glenbard North High School
glenbardnorthhs@glenbard.org
Phone 630-653-7000
Fax 630-653-7259