

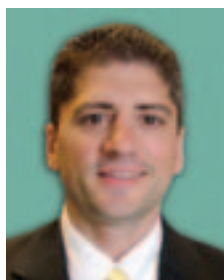


Panther News



February/March 2010

Glenbard North High School • 990 Kuhn Road • Carol Stream, IL 60188 • (630) 653-7000



A Message from Principal John Mensik

We have completed an excellent first semester and are well into the second. Our students have worked very hard and we are proud of their efforts.

Over the holiday season, our students and staff organized several fundraisers. The Glenbard North Student Council, sponsored by Rita Guritz and Matt Guglielmi organized a toy drive. Over a two week period, the Student Council wrapped and delivered numerous gifts to the Humanitarian Project, located in Carol Stream. Also, the Glenbard North Skills Olympian Organization, sponsored by Dan Weber, assisted with a service project that collected food for

local food pantries. I am proud of our students who are dedicated to helping others.

This year we developed a Post Prom Committee. This committee consists of approximately 20 Glenbard North parents who are volunteering their time to organize and supervise a Post Prom event for our students. Post Prom is a safe, alcohol-free, drug-free event for the students, chaperoned by parents and guardians. The 2010 Post Prom activity will bring about 300 students downtown to sail on the Odyssey, while enjoying the skyline and dancing. The Post Prom Committee is currently organizing several fundraisers to help offset the ticket cost. Along with the fundraisers, the Post Prom Committee is also accepting donations. Please see page 6 of this newsletter for more information.

Our winter athletic teams are working hard and have accomplished plenty. The wrestling team is once again having an outstanding season and is currently one of the top 10 teams in the state. The boys' basketball team has strong senior leadership and looking to place in the top 3 in the conference. Under head coach, John Chamberlain, the girls' basketball team is comprised of a great group of student athletes who have been improving all season and are gearing up for the regional tournament. And finally, the Glenbard North girls' gymnastics team is currently undefeated in dual meets.

Congratulations to sophomore **Karishma Bali** for receiving an Honorable Mention on the 2009-2010 Daily Herald Leadership Team. Also, I commend junior **Dan Greco** for earning a perfect score of 36 on the ACT Test. With great pride, I congratulate junior **Alex Dahlquist** on being selected for the Illinois Music Educators Association All-State Festival. These students represent a small sampling of the significant accomplishments of our students.

I appreciate your continuing encouragement, feedback and support.

Sincerely,
John T. Mensik

A Message from Nurses Maggie Olsen and Celeste Ackermann

Glenbard North Wellness Committee will be hosting a Health/Wellness Fair for students and staff on Wednesday, March 24, 2010. The theme of this year's health fair is, "Healthy Bodies, Healthy Minds." All students in Physical Education, Health, and Driver's Ed classes will be able to attend. The fair will feature businesses and agencies that play an active role in prevention and wellness for adolescents, and encourage students to be the best they can be. Several classes of psychology students will also be part of the Health/Wellness Fair by presenting topics about how to keep your mind and body healthy.



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<http://www.glenbardnorthhs.org>

Inspire...Empower...Succeed



A Message from Superintendent Michael Meissen

Research indicates that good schools contribute to a community, and in this economy, it is important to be reminded of the benefits of a quality school system:

- Schools are better than ever and scores prove it;
 - Public education is a real bargain;
 - Schools do more for all students than ever before;
- and
- Schools are the best and safest places for young people to be.

When was the last time you were in North to see learning in action? We encourage you to witness the positive learning that is happening in our schools every day. If you visit a class or volunteer with our students, you will quickly see how a quality school contributes to the local, regional and national economy. Visit North's website at www.glenbardnorthhs.org to learn about upcoming events. Take in a basketball game or track meet. Come see North's production of "The Curious Savage" February 18 through February 20 and enjoy the band and choir concert on March 11.

The lessons our students are learning today and the ways those lessons are taught are dramatically different than the learning that occurred just a few years ago. We are preparing students to be active contributors to a global economy.

Today's test scores indicate that our students are learning more, taking many more advanced classes, and are better educated than ever before. From 2002 to 2009, the number of Glenbard District 87 students taking Advanced Placement exams has grown from 702 to 1,331, and the number of exams taken during that time has grown from 1,328 to 2,634. Our goal is to prepare every student for college or meaningful, sustaining employment. We agree with the DuPage Workforce Board's assertion that today's students must be lifelong learners who will help businesses to compete globally.

The need to continuously improve the academic performance of all our students has created the need to make curricular changes. We are engaged in a curriculum study, looking at the needs of all of our students, with the goal of academic success for each of our students.

We will recommend the following course sequence to the Board of Education in February:

Social Studies:

- Freshmen will have a choice of World History or World History Honors.

- Sophomores will have an option of taking a semester of Civics and a semester of Contemporary World History or one year of AP European History or AP Human Geography.
- Sophomores who elect to take an AP course will need to take AP Government during their senior year.

English

- Freshmen will have a choice of English 1 Honors or English 1.
- Sophomores will have a choice of English 2 Honors or English 2.
- Juniors will have the option of AP English Language or English 3.
- Academic support options beyond the freshman year for students who struggle.

Science

- Students will be exposed to Biology or Biology Honors, Chemistry or Chemistry Honors, Physics or Physics Honors.
- Students who are interested in taking Physical Science will have this option available upon parental request during their sophomore or junior year.

Math

- Exposing all students to Geometry or Geometry Honors and Intermediate College Algebra or Intermediate College Algebra Honors.
- Academic support options beyond the freshman year for students who struggle.

Today, more students are staying in school longer and graduating than ever before. Our graduation rate, as listed on the 2009 Illinois State Report Card, is 93.7 percent. Many more students are pursuing education beyond high school. In 2009, 49 percent of North graduates were headed to a 4-year college, and 45 percent planned to attend a 2-year college. The new high school paradigm will be for all students to continue with post-secondary study.

Glenbard high schools offer value to all taxpayers. Quality schools are key to a quality community. The high quality of Glenbard schools attracts homeowners to the area, as well as businesses. Business leaders understand the relationship between a strong school system and a community's quality of life.

Our schools serve the community. Beyond offering a comprehensive, high caliber education, Glenbard schools:

- provide a gathering place for a variety of community groups;
- serve the community through an array of service projects and collections of clothing, food, and funds for the needy;
- are the heart of the community.

Now more than ever be confident that your investment in public education will pay dividends for many years to come.



A Message from Assistant Principal for Instruction John Healy

By the time you receive this newsletter, your student will be well into their second semester of the school year. It is my hope that he/she is achieving great success. In order to assist with student success, Glenbard North High School has been developing plans that are aligned with a national mandate called Response to Intervention. RTI requires every school in the nation to have a plan to increase student learning. One

component of our plan is to enhance parent communication. If PowerSchool (our electronic grade book) indicates that your child is failing a class during the third, fifth, or seventh week of our nine week quarter, we will initiate an automated phone call to alert you of this and steps that you can make to assist your child. It is our goal to catch students who are struggling early in the quarter and make necessary adjustments to avoid course failure.

Glenbard North will be hosting a summer school program for students this summer. There are three components to our summer school program: Bridge classes, credit classes, and athletic camps. Bridge classes are designed to be a bridge during the summer from one course to the next, and are two weeks in length. These are an excellent option for parents who want their student to continue to learn and grow during the summer months. They are also a great

opportunity for incoming freshman to get a taste of high school during the summer months. Credit courses are offered that are of the same content that is offered during the school year. These are excellent options for students who would like to open up their schedule for other courses during the school year, to get ahead on graduation credits, to make up a failed course, or simply to try a course that they do not have time for during the school year. Our course offerings can be found by visiting our website.

April is an important month for our juniors. All juniors who have accumulated 10.5 credits by the first day of the 2nd semester will take the Prairie State Achievement Exam, a two day exam that consists of the ACT and the **Work Keys** tests, on April 28 and 29. It measures students' learning and includes the ACT (a college entrance test). It is arguably the most important standardized exam that a student will take during their K-12 school career. Please block off these dates on your family calendars as dates to avoid any distractions to your student's school day. Seniors will not be in attendance on April 28 and 29. These may be good days for you to finalize college visits and choices.

I continue to be amazed each and every day by the accomplishments and skills of our students. Congratulations to Dan Greco, who is the fourth student walking our hallways who has achieved a perfect score of 36 on his ACT. Have a great spring.

2010 Illinois State Scholars

The Illinois Student Assistance Commission (ISAC) recognizes Illinois high school students for outstanding academic achievement. Students ranking in the top five percent of the state's high school graduating seniors have been named State Scholars. Rankings are based on a combination of ACT and/or SAT test score results and class rank at the end of the sixth semester in high school. We are very proud to announce the Glenbard North students who have been named 2010 Illinois State Scholars Finalists.

Saherish M. Abbasi	Anthony Edward Gates	Kenneth Michael Mero	Megan Rogers
Abhishek Gaurang Ahivasi	Alexis J. Gee	Jessica Marie Moffitt	Blake William Rostine
Samantha Ann Baker	Crista Gerzevske	Margaret Muller	Harin Nitin Shah
Joseph Baldwin	Matthew Martin Graf	Kevin John Nguyen	Kruti V. Shah
Melanie Mae Bauer	Daniel Grand	Ross Stergios Nikides	Neal Shah
Alexander Marcus Biasella	Anthony Gravina	Edward Nicholas Northrup	Shikhar H. Shah
Nicholas John Biebel	Patrick Sean Hannon	Matthew Santiago Pablo	Nathaniel P. Sherer
Jasmeet Kaur Brar	Paige Hartnett	Emily Maria Palombella	Cory Lynn Slowik
Christopher Michael Caliva	Colleen Evon Hoogenboom	Nora Angeline Palombella	Jason M. Spencer
Timothy Paul Camper	Aaron Michael Horwitz	Barrett Michael Parod	Rebecca Catlin Spiewak
Cory Madison Christenson	Veronica Ruth Houle	Sara A. Pasetes	Cara Jane Stronsky
David William Colburn	Hasan Zulfi Jafty	Anisha M. Patel	Tien Minh Ta
Michael Cosentino	Michael Joseph Jochheim	Jay Patel	Zachary S. Thomas
Allison Leigh Daley	Benjamin Robert Kiesel	Jay J. Patel	Evan Louis Urzen
Kristen Marie Deane	Lucas Christopher Klemm	Kevin R. Patel	Jennifer Louise Vandivier
Nisa S. Desai	Bryan Joseph Kraus	Rina Patel	Kevin Kenneth Veverka
Raj Janak Desai	Jonathan A. Lamers	Shama Dixit Patel	Ethan William Waterman
Jessica L. Do	Marissa Renee Laug	Erica Lauren Peterson	Benjamin Haruyoshi Yanaga
Robert Christopher Dunn	Daniel Thanh Dat Le	Monica Lynn Pocs	Brenna Reann Zatto
Olivia Leigh Edmunds-Diez	Emily Ruthe Ledbetter	Tyler Joseph Rehak	Caitlin Sarah Zemke
Katherine Ewen	Sarah Ann Ledbetter	Carrie Lindsey Reitz	Cloe Kristine Zikmund
Christopher Gerald Farley	Nicole Marie Locascio	Ryan Christopher Ritchie	
Rachael Bernice Florido	Alissa Nicole Macino	Syed Haider M. Rizvi	
Rima Nikesh Gandhi	Kathleen Elizabeth McGowan	Jacob J. Roel	



A Message from Assistant Principal for Operations Eric Johansen

With first semester behind us, Glenbard North students are focused on a new semester of academics, as well as our many extracurricular activities. Many of you are using PowerSchool to monitor your student's overall grades, individual assignments and attendance. I encourage you to continue using this powerful tool as we proceed through second semester. Remember that you can access this information any time of the day that you

would like by going to www.glenbardparents.org and entering your student's username and password. The username and password were emailed to your student at the beginning of the school year, and they can also be found on progress reports and report cards. If you are not able to locate your student's username and password, please come to Glenbard North to obtain that information. Due to confidentiality, please understand that we are not able to provide this information over the phone.

Second semester is also a time to begin looking ahead to the upcoming school year. With this in mind, Glenbard North's Guidance Department has been hard at work on course enrollment for the 2010-2011 school year, to provide all of our students with the best academic opportunities available. As we begin to look toward the end of the school year, there are a few important items for you to keep in mind.

Graduation

The class of 2010 commencement ceremony is only a few months away and there are many important dates to remember as we approach this momentous occasion. Please add the following events to your calendar if you are the parent of a graduating student.

Important Dates for the Class of 2010

January 26	Cap and Gown Orders
January 27	Cap and Gown Orders
April 7	Exit with Pride/Panoramic Photo
May 21	Senior Obligations Due
May 28	Last Day for Seniors & Senior Picnic
June 2	Cap and Gown/Ticket Pick-up
June 4	Graduation Rehearsal at College of DuPage
June 6	4:00 PM Commencement Ceremony at College of DuPage

Reminder: This year, all graduates will receive six tickets to the Commencement Ceremony. Glenbard North will not be able to provide additional tickets. If you need additional tickets, you will have to talk with fellow graduates and/or their families as they may have tickets that they will not use.



A Message from Assistant Principal for Student Services Debra Cartwright

Welcome to the Second Semester! Glenbard North has been a busy place since the winter break with semester exams, course enrollment, and the beginning of a new semester keeping everyone moving. As we begin to look toward

the remainder of the school year, there are a few important items to keep in mind.

A few reminders related to student attendance and behavior to help ensure a successful semester:

- Students should have their cell phones and personal listening devices (i.e. iPods) off and in their lockers between 7:30 AM and 2:30 PM.
- If there is an emergency and you need to contact your child, please call the Attendance Office at 630-653-9092. They will send for your child. If your child needs to contact you, he or she may go to the Attendance Office to see the phone there.
- To excuse your child from school, a call must be made by 10:00 AM on the day of the absence. Any call after that time of the day and your child will be marked unauthorized and will not be able to make up any missed work. Students may only be excused from school for the following reasons: Illness, religious holiday, family emergency or death in the family.
- If you are picking your child up after school, please meet them by Door 1 or Door 2 (if after 4:00 PM, pick up at Door 2 only).
- Students are allowed to reschedule detentions once so long as they do so by 1:00 PM the day they are to serve it. To reschedule detentions, student must visit the Deans' Office.

RESIDENCY VERIFICATION

Once again ALL students must verify residency in the Glenbard School District before they register for the 2010-2011 school year. Please be prepared to submit qualifying documents to Glenbard North High School prior to July 31, 2010. If you have any questions, please contact me directly at 630-681-3190.

You will be required to submit at least ONE document from Category A and at least TWO documents from Category B.

Category A

- Most recent real estate tax bill for your residence showing enrollee's parent or guardian as taxpayer
- Signed lease for residence including lessor's telephone number
- Closing statement for the purchase of in-district residence
- Notarized letter from the owner of your residence stating that you reside at the residence and the duration of your residence; the owner must provide proof of residency

Category B

- Driver's license
- Gas or electric bill
- Public Aid Card
- Home/Apartment insurance certificate
- State of Illinois automobile registration
- Home telephone bill or letter from telephone company
- Receipt for city vehicle sticker

Illinois law has made it a crime, punishable by imprisonment and fine, to knowingly or willfully present any false information regarding the residency of a student for purposes of enabling that student attend on a tuition-free basis or to knowingly enroll or attempt to enroll a student on a tuition-free basis when the student is known to be a non-resident of the District. The Superintendent is authorized to seek prosecution to the full extent of the law of any person who the Superintendent believes has committed any residency-related crime. Civil proceedings may also be initiated with the approval of the Board of Education.

Panther of the Quarter

Each quarter during the year, faculty and staff have the opportunity to recommend a student to receive the *Panther of the Quarter* recognition. The recommendations are based upon accomplishments in the areas of academics, extra-curricular activities, or acts of good citizenship. Glenbard North honored the following students for second quarter 2009-2010. Congratulations Panthers!

Brad Acord	Jessica Garcia	Carolyn Luna	Aaron Skinner
Rucha Amin	Michelle Gerrick	Amanda Manton	Matthew Slusarski
Rucha Amin	Trevor Hackett	Xavier Manuel	Andre Smith
Arsanios Assad	Caraline Hartnett	Jessica Moffitt	Jeff Stepulowski
Manaal Azeem	Rashmi Iyer	Clara Montes	Samantha Sweeney
Marie Baker	Rashmi Iyer	John "Alex" Moran	Bojana Tadic
Kevin Belford	Zachary Jones	Sarah Paragon	Paul Tarsitano
Kevin Belford	Alyssa Julian	Hariyali Patel	Dorothy Teng
Debbie Bernal	Jordan Kaiser	Yogin Patel	Lian Torres
Alexandra Borgens	Bayan Kawash	Meghan Pientka	Jennifer Vandivier
Rachel Brooks	Siddhant Khaitan	Amber Ptak	Celeste Vollmann
David Dao	Ayesha Khalid	Gaby Randa	Paul Wisniewski
Angela Dollar	Ben Kiesel	Clarissa Roa	James Wolf
Kim Elvebo	Caitlin Kozack	Jessica Sanchez	Kate Zamora
Angela Ferruzza	Rebecca Lawler	James Santapa	
Alex Fritz	Jenny Lee	Alexis Sicherman	
Kyle Gaines	Susan Lee	Alexis Sicherman	
Yessenia Galicia	Gina Lubben	Rameez Siddiqui	

Laws to Know from the Carol Stream Police Department

Crime Prevention Tips

- Keep your gym locker locked and secured.
- Keep your hallway locker locked and secured.
- Never share your hallway or gym locker combinations with anyone.
- Write down the make, model and serial number of all electronic equipment, and keep this information in a safe place.
- When walking to school, take safe routes and know good places to seek help along the way.
- Whenever possible, walk to and from school with another person.
- Never leave personal items unattended.
- Report any bullying or harassment to school officials.
- Report suspicious activity to school officials.
- Lock your vehicle, close the windows and keep all valuables hidden.
- Secure your bicycle (chains, locks, etc.).

Curfew

It is unlawful for a person less than 17 years of age to be present at or upon any public assembly, building, place, street or highway at the following times unless accompanied and supervised by a parent, legal guardian, or other responsible companion at least 17 years of age who is approved by the parent or legal guardian.

Times: Sunday - Thursday 11:00 PM – 6:00 AM
Friday - Saturday 12:01 AM – 6:00 AM

Effects of Illegal Drug use

Marijuana:

- Risk of heart attack quadruples in the first hour after using.
- Numerous lung problems, such as cancer, emphysema, lung infections.
- Impairs the immune system's ability to disease.
- Depression, anxiety, memory loss, habit forming and leads to use of other drugs (considered the gateway drug).

Ecstasy:

- Affects the body's ability to regulate temperature.
- Causes liver, kidney, and cardiovascular system failure.
- Affects memory over time (i.e.: the more you use the dumber you get).

Guidance Department Paws for Information

Editor: Robin Craig

Summer School - The first semester of summer school will run from Monday, June 28 – Tuesday, July 20, 2010 and second semester will run from Wednesday, July 21 – Wednesday, August 11, 2010. Both sessions are from 8:30 AM to 12:30 PM.

Classes for credit will be offered as well as summer Bridge classes which are non-credit. The Bridge classes help students prepare for math and reading for the next school year. Bridge classes run from Monday, July 5 through Friday, July 16 from 8:30 to 11:30. Second semester Bridge classes run from Monday, July 19 through Friday, July 30 from 8:30 to 11:30 AM.

Bus transportation will be provided for both credit classes and Bridge classes.

For a complete listing of course offerings at all campuses go to www.glenbard87.org, go to Quick Links and find Summer school 2010. If you are planning to attend summer school, please contact your guidance counselor to make certain you enroll in the correct credit class!

Class of 2010 - The new transcripts are here, and midyear transcripts have been sent for all students who submitted a request form from a university. College bound seniors must complete a Request for Transcript form to have a final transcript sent to a college. This form must be completed, signed and turned in to Mrs. Diorio in the Registrar's office. Final transcripts cannot be mailed without this permission form. This is an early reminder since final transcripts are not ready until mid-June. Remember to allow two weeks processing time to have an official transcript sent to a school, a scholarship committee, or to a prospective employer. Transcript requests must be made in person. The cost is \$3.00 per transcript. Telephone, email or fax requests cannot be honored.

Seniors! Do not forget to check the scholarship applications that are published on your First Class email. After logging onto your email, open North Student Scholarships. There are two folders. One folder is the Scholarship Application File, and this holds all of the available scholarships. The other folder has scholarship Internet Search links. There are deadline dates! Some scholarship deadline dates fall during Spring Break, so please make sure you apply in time to gather any letters of recommendation or your transcript. Transcript requests are not processed over Spring Break. Frequently check the North Student Scholarship file, as it is updated when new scholarship opportunities arrive at the Guidance office.

If you have not already filed your FAFSA (Free Application for Federal Student Aid) application, do so as soon as possible. After submitting the FAFSA, the government will determine if you qualify for any student grants for your college education. In addition, it qualifies you and your parents for low interest student loans. The FAFSA website is www.fafsa.ed.gov. There is no fee involved in completing the FAFSA; therefore, if you are asked to pay a fee, you are at the wrong website. Remember the first word in FAFSA is "Free!" There is also a link to the FAFSA website through the Glenbard North Guidance website – go to the Glenbard North website, click on Guidance, then go to the Financial Aid page.

AP Testing - Registration for AP exams begins Monday, March 15 and ends Thursday, March 25, 2010 at the Bookkeeper's office. Students who do not register by March 25 will not be able to make a last minute decision to take the test. Students will be expected to pay for the exams at the time of registration. The fee for each exam is \$86.00. Checks should be made payable to Glenbard North High School (not to the College Board). A check or cash, in the exact amount only, along with a completed Glenbard North Registration Form, must be turned into the bookkeeper, between Monday, March 15 and Thursday, March 25, 2010. A separate registration form should be completed for each exam the student plans to take. We will retain \$20.00 for each exam ordered but not taken. The College Board charges Glenbard North for over-orders. No refunds will be processed until after May 15, 2010. Students with serious financial need who require assistance paying for exam fees should see Mrs. Deist in Guidance no later than March 19, 2010.

Class of 2011 - Counselors will visit juniors in U.S History classes on March 9, 2010 to distribute a college-planning packet. Parents, please ask to see the packet. In addition, juniors will receive an appointment sheet for their individual junior conferences that will be held during the months of March and April. The counselor will help the student explore different post-graduation options. This is a valuable opportunity for each student to ask questions and receive information regarding four-year colleges, College of DuPage, apprenticeships, the military, and work options.

The Prairie State Achievement Exam (PSAE) will be given on April 28 and 29, 2010 to all juniors. As part of the PSAE, all juniors will take the ACT. Colleges and universities will accept the ACT score from the PSAE for admission purposes. Your test scores will also be sent to the Illinois Student Assistance Commission for Illinois State Scholar and Merit Recognition Scholar consideration. Taking the Prairie State exam is a graduation requirement.

Attention All Junior Parents! - You are invited to attend the Junior Parent College and Career Night on Wednesday, April 7, 2010 from 7 to 8:30 PM at Glenbard North. It is an evening for parents to learn about the college application process, the College of DuPage, financial aid and scholarship opportunities, as well as college search resources and career resources.

ACT and SAT Testing - There are two more Saturday national ACT test dates for the 2009-2010 school year. The next national ACT is Saturday, April 10, 2010 with a March 5, 2010 registration deadline. There is also a June 13, 2010 ACT with a May 8, 2010 registration deadline. The June ACT test will be administered at Glenbard North. Registration packets may be picked up in the Guidance office, or a student may register for a national ACT test online at www.actstudent.org.

The Prairie State ACT is administered on April 28, 2010 during the school day at Glenbard North. This is a special test date for all Illinois public high school juniors. Students will register for the Prairie State ACT in their history class, and there is no test fee.

There are four more ACT Prep Class Sessions at Glenbard North. The cost of each session is \$50.00. The classes meet from 2:45 to 3:55 PM. Each session consists of five classes. The start dates for each of the four sessions are: March 11, April 6, April 15 and May 4, 2010. All sessions, except for the last one, will prepare students in time for the Prairie State ACT. See Mr. Peter Giaquinta in Room 1304 or the in English office to enroll. You may also reach him by phone at 630-681-3164.

There are three more SAT test dates. The March 13, 2010 test has a registration deadline of February 4, 2010. The Saturday, May 1, 2010 test has a registration deadline of March 25, 2010 and the June 5, 2010 SAT test has a registration deadline of April 29, 2010. Registration materials are available in Guidance, or you may register online at www.collegeboard.com.

Registrar's Office - Remember to notify the Registrar's office of any address change or phone number change. Without this information, it is impossible for us to contact you, especially in the event of an emergency. If a student has an automobile insurance form to be completed, the student should drop the form off at the Registrar's office.

Enrollment for 2010-2011 - Counselors completed enrolling all students for the 2010-2011 school year on February 10. Students may check their 2010-2011 course selections on PowerSchool. Open Power School and click on "Class Registration" which is the far right tab at the top of the page. Please check it carefully, to make certain scheduling errors were not made. If there is an error, please contact the counselor immediately so it may be corrected. Unless there is an error or a level change, requests for changes will be denied. New District 87 School Board policy does not allow for any change of mind schedule changes.



A Message from Assistant Principal for Athletics Matthew Bowser

The winter is coming to an end, spring is in sight as we wrap up our winter sports season, and prepare for the spring. I would like to say thank you to everyone from this winter for all of their hard work and dedication to Glenbard North Athletics.

We are enjoying another successful winter season. Our varsity girls' gymnastics team is undefeated in dual competitions and looking to bring home another

DVC conference title. The wrestling program continues to compete against some of the toughest competition in the country as they build for another post season run. Good luck to both of these teams as they prepare for state competition. Our girls and boys basketball teams continue to improve as we look to finish the season strong. Good luck to each of them as they prepare for regional play in the next few weeks. If you have not been out to a game, come and support our teams, as they demonstrate the sportsmanship and pride of the Panther athletic programs. Congratulations to our Cheerleading program as they have qualified for state in ICCA competition and look to make a second appearance in the IHSA state finals. We will also have boys' swimmers who compete in IHSA sectionals this year. We wish these individuals good luck as they represent our school and our athletic program.

A reminder as our spring season begins, all schedule changes can be found on our athletic website at www.athletics2000.com/glenbardNorth. We do our best to update any schedule changes due to weather conditions by 2:00 PM the day of the competition.

Here are some important upcoming dates:

Girls' Gymnastics	State Finals	February 19 and 20
Wrestling	Individual Sectionals	February 12 -13
	Individual State Finals	February 19 and 20 at Glenbard North
	Team State Finals	February 27
Girls' Basketball	Regional's start	Week of February 14
Boys' Basketball	Regional's start	Week of March 1
Girls' Track	Indoor Invite	March 12
Boys' Track	Indoor Invite	March 5

Spring Sport Tryout Dates:

Boys' Gymnastics	February 15
Badminton	March 1
Baseball	March 1
Softball	March 1
Girls' Soccer	March 1
Boys' Tennis	March 1
Boys' Volleyball	March 8

I would like to remind all parents and athletes that any student that is interested in participating in a spring sport must register in the Athletic Office prior to the sport start date. Each student must have an updated physical, code of conduct, and IHSA performance enhancing drug waiver on file with the Athletic Department. After completing the paperwork, each student will receive a gold card from the Athletic Office. Each student must present the gold card to their coach on the first day in order to participate in the sport. Panther Pride!

Glenbard North High School - PTSA

990 N. Kuhn Rd., Carol Stream, IL 60188

Do you remember your Senior Prom, all the planning and all the costs? Possibly because of cost you were not able to attend. For those lucky enough to attend you had to look just right, this was a day you wanted to remember. Some will come by themselves or in groups, some will come as couples either way the cost of the evening and the attire can really set a student back financially. Sure, for some, support will come from the parents, but not for all.

This year Glenbard North will offer their Senior students the opportunity to attend a formal celebration and then continue that celebration with a Post Prom destination. This Post Prom organized event continues the safety of the evening by providing an opportunity to continue the evenings festivities in an alcohol free, security supervised venue.

This year we would like to offer this at a cost that is reasonably priced for all. After the Prom students will board busses and travel down to the Odyssey Boat to travel out on Lake Michigan and enjoy food, drink and more DJ music. The cost of Prom, clothing and Post Prom can run into hundreds of dollars. We would like to offer this opportunity to attend this venue to everyone who desires to come, to do this we look to you for your monetary contribution. We will accept any amount that fits your financial means; know that a gift of simply \$50 could allow a student to attend this portion of the event.

It may be your son, daughter, grandchild, friend, neighbor, or customer desiring to attend the Prom and Post Prom, wouldn't you like to be a positive influence on their choice for a safe celebration. Your financial contribution may be Tax Deductible as we are a 501c3 organization, consult your tax agent. Also, some donations can be matched by employers who allow for a 501c3 matching gift donation.

It will be through your help and generosity that we will be able to provide a safe, alcohol free, secure environment for our senior students to write this chapter in the senior memories.

Sincere thank you from The Post Prom Committee

Yes, I want to help support!

Name/Business _____ Phone: _____

Address: _____ City: _____ Zip: _____

My Donation: \$ _____ Is enclosed. (Checks made payable to Glenbard North PTSA)

Return to: Debra Cartwright
c/o: Glenbard North High School
990 N. Kuhn Rd
Carol Stream, IL 60188

Glenbard Parent Series



Navigating Healthy Families

Helping Your Child Succeed in School: Parent Involvement

Glenbard District 87 regards parent involvement as a high priority. Research has shown that communication with teachers, interest in post-

high school planning, and monitoring of homework all are key elements in student success. Positive relationships between home and school motivate students to achieve at their highest ability levels. Parents/guardians are encouraged to:

- reward student progress and access students work through PowerSchool;
- emphasize the value of effort and provide encouragement;
- learn how much, and what type of homework is assigned for each class;
- learn how to access STRIVE (after school tutoring) and other support services;
- establish rules and routines to help teens develop a homework schedule they can stick to;
- encourage teens to share information about school, truly listen to responses, react with empathy;
- provide a suitable study space removed from distractions;
- avoid making homework a punishment;
- encourage and model reading, have interesting and appropriate reading materials available.

Finally, parent attendance at school events is critical. Please circle the calendar, and participate in the important, Glenbard Parent Series – GPS - Navigating Healthy Families workshops:

“Listen to What Your Kids Aren’t Telling You”

Tuesday, February 16, 2010

Glenbard North Auditorium

7:00 PM

Learn and laugh with Michael Pritchard. Don’t miss this nationally acclaimed keynote speaker who uses humor to educate students and parents on communication skills and conflict resolution.

“Looking Ahead: Making College Accessible For All Students”

Saturday, February 20, 2010

Glenbard South Library

10:30 AM to Noon

Receive step-by-step assistance in filling out the forms needed to access college financial aid with representatives from the Illinois Student Assistance Commission. Bring your available tax forms to submit your application immediately. Become familiar with the steps needed to prepare your high school student for college, and explore the opportunities at Historical Black Colleges and Universities. Free Continental Breakfast. Free Babysitting. Programs will be presented in both Spanish and English.

“Totally Wired... What Your Kids Are REALLY Doing Online”

Thursday, March 4, 2010

Glenbard West Auditorium 7:00 PM

Hear best-selling author and renown speaker Anastasia Goodstein when she presents practical advise on how to help your teen safely manage their online identity. Learn in easy to understand terms about social networking, blogging, and cyberbullying. Goodstein gives it to us straight. Enhance your parenting skills by learning more about teen technology and how it impacts your child’s world. Students welcome.

“Tools to Meet Today’s Parenting Challenges”

Saturday, March 20, 2010

Glenbard West Library

10:30 AM to noon

Free Continental Breakfast. Free Babysitting. Programs presented in both Spanish and English.

“The Nature of Boys-Protecting Their Emotional Life”

Tuesday, April 13, 2010

Marquardt Admin. Center

11:00 AM -12:15 PM

Come hear the best selling author of “Raising Cain,” Dr Michael Thompson speak on the way we raise and educate boys. Learn the risk factors that afflict their lives and learn how to help our boys remain emotionally open.

“The Pressured Child: Helping Your Child Find Success in School and Life”

Tuesday, April 13, 2010

Glenbard South Little Theater

7:00 PM

Dr Michael Thompson, psychologist and author, will provide insight into the pressures and concerns our teens experience in high school every day. How can we support them on their journey to independence? Learn what is important to them, the struggles they face, how they develop coping strategies, and what we can do to help.

Lead by example – show your teens that you are actively engaged in their high school education. Hold high expectations for your child’s learning and behavior and be involved as we partner for your child’s success.

February - Month of Giving Back

“Everyone can be great because everyone can serve.” - Martin Luther King
One of the most effective ways of teaching responsibility and compassion to our children is to create opportunities for them to help others. Glenbard North held our annual *Valentines for Vets* event on February 4, 2010. Thank you to our students and staff for decorating banners and hundreds of cards for veterans and those in active military service around the world. This year’s *Live Life Well* theme is *“It’s In Our Hands: Respect, Responsibility, Doing the Right Thing.”* Awareness activities are scheduled to help students commit to a healthy lifestyle, raise social awareness and eliminate at-risk behaviors. Juniors and seniors with a study hall are encouraged to participate in GIVS (Glenbard Instructional Volunteer Student Leader). Contact Mr. Jed Schult at jed_schultd@glenbard.org for information. A list of volunteer agencies and organizations may be found online at www.givingdupage.org. Glenbard North was recently awarded a \$2000 Operation Teen Safe Driving grant to reinforce safe driving skills for life. The grant has been funded by Ford, The Allstate Foundation and the Illinois Department of Transportation. For tips and advice that parents can share with their children to keep kids safe go to: Ford Driving Skills for Life at www.drivingskillsforlife.com or Allstates Keep the Drive at www.KeepTheDrive.com.

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
Carol Stream, IL
Permit No. 20

• *Direct Dial Attendance (630) 653-9092* •

**GLENBARD NORTH HIGH SCHOOL
2010 PANTHER SUMMER SPORT CAMPS**

BOYS CAMPS	GRADE	DATE	TIME	FEE
Boys Baseball	4-9	June 14 - June 17 (M-Th)	8:00 - 10:00 AM	\$60.00
Boys Basketball	5-8	June 20 - June 24 (M-F)	10:00 - 12:00 PM	\$75.00
Boys Basketball	9	June 14 - June 25 (M-F)	10:00 - 12:00 PM	\$100.00
Boys Basketball	10-12	June 14 - June 25 (M-F)	8:00 - 10:00 AM	\$100.00
Boys Football	80 lbs & up	July 12 - July 15 (M-Th)	9:30 - 11:00 AM	\$50.00
Boys Football	9-10	June 28 - July 22 (M-Th)	7:00 - 8:45 AM	\$100.00
Boys Football	11-12	June 28 - July 22 (M-Th)	5:30 - 8:45 AM	\$100.00
Boys Summer Cross Country	7-12	June 14 - July 30 (M-W-F)	7:00 - 8:30 AM	\$80.00
Boys Soccer	6-8	July 26 - July 29 (M-Th)	5:00 - 7:30 PM	\$50.00
Boys Soccer	9-12	July 19 - July 29 (M-Th)	5:00 - 7:30 PM	\$80.00
Boys Soccer-Summer League	10-12	Dates TBA	TBD	\$60.00
GIRLS CAMPS	GRADE	DATE	TIME	FEE
Girls Badminton	7-12	June 14 - June 18 (M-F)	2:00 - 3:30 PM	\$50.00
Girls Basketball	4-8	July 5 - July 16 (M-F)	10:00 - 12:00 PM	\$100.00
Girls Basketball	9-12	July 5 - July 16 (M-F)	1:00 - 3:00 PM	\$100.00
Girls Running	7-12	June 7 - July 14 (M-W-F)	6:30 - 8:00 AM	\$60.00
Girls Soccer	6-8	July 19-July 23 (M-F)	1:00 - 3:00 PM	\$100.00
Girls Soccer	9-12	July 26 - July 30 (M-F)	3:00 - 5:00 PM	\$100.00
Girls Softball	4-9	June 21 - June 24 (M-Th)	8:30 - 10:30 AM	\$60.00
COED CAMPS	GRADE	DATE	TIME	FEE
Cheerleading (Cheer Camp)	9-12	Dates TBD	TBD	\$200.00
Cheerleading	K-8	August 9 - 11 (M-W)	9:30 - 11:30 AM	\$50.00
Volleyball	5-8	June 14 - June 18 (M-F)	12:30 - 2:00 PM	\$75.00
Volleyball	9-12	June 14 - June 18 (M-F)	10:00 - 12:00 PM	\$75.00
Tennis	7-12	June 7-June 25 (M-F)	7:00 - 9:00 AM	\$115.00

Inspire...Empower...Succeed